

# PLAY



# MEANING OF PLAY :-

ACCORDING TO GLUECK'S OPINION – “play is what we do when we are free to do what we wish for.”



# IMPORTANCE OF PLAY --

- CONTRIBUTION TO PHYSICAL DEVELOPMENT.
- HELPS IN LEARNING MOTOR SKILLS.
- CONTRIBUTION TO SOCIAL DEVELOPMENT.
- EMOTIONAL SIGNIFICANCE.
- PSYCHOLOGICAL IMPORTANCE.
- FACILITATES COGNITIVE DEVELOPMENT.

- EDUCATIONAL IMPORTANCE.
- OUTLET FOR NEEDS AND DESIRES.
- DEVELOPMENT OF SELF –INSIGHT.
- DEVELOPMENT OF MORAL STANDARDS.
- LEARNING TO PLAY APPROPRIATE SEX ROLES.
- DEVELOPMENT OF DESIRABLE PERSONALITY TRAITS.



# TYPES OF PLAY :-



- ACTIVE PLAY



PASSIVE PLAY

# ACTIVE PLAY

- ❖ FREE SPONTANEOUS PLAY
- ❖ DRAMATIC PLAY
- ❖ DAY DREAMING
- ❖ CONSTRUCTIVE PLAY
- ❖ MUSIC



❖ COLLECTING

❖ EXPLORING

❖ PLAYING WITH IMAGINARY COMPANIONS

❖ GAMES & SPORTS



# PASSIVE PLAY



- ❖ READING
- ❖ LOOKING AT COMICS
- ❖ LISTENING TO RADIO
- ❖ LISTENING TO MUSIC
- ❖ WATCHING TELEVISION



# TOYS & PLAY MATERIALS



- HANGING TOYS
- GRASPING TOYS
- PUSH AND PULL TOYS
- MECHANIZED TOYS
- MANIPULATING TOYS
- IMITATIVE TOYS



- IMAGINARY TOYS
- CREATIVE TOYS
- GROUP PLAY MATERIALS
- INDOOR PLAY MATERIALS



# SELECTION OF TOYS & PLAY MATERIALS FOR CHILDREN

- AGE OF THE CHILD
- BACKGROUND OF THE CHILD
- QUALITY
- SAFETY



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- ATTRACTIVENESS
- SEX OF THE CHILD
- COST
- NUMBER
- CARE



- CARE
- HANDLING
- PLAY VALUE



