Anglo-America is a region in the Americas in which English is a main language, or one which has significant British historical, ethnic, linguistic, and cultural links. Anglo-America is distinct from Latin America, a region of the Americas where Romance languages (namely, Spanish, Portuguese, and variably French) are prevalent.
Geographic region

• Anglo-America includes the United States (Hawaii excluded) and Canada in North America, and the term is frequently used in reference to the two countries together.\cite{2} Despite having a French-speaking majority, Quebec is often considered part of Anglo-America due to cultural, economic, geographical, historical, and political considerations. Other areas composing the Anglophone Caribbean include territories of the British West Indies, Belize, Bermuda, and Guyana.
### Population sizes, in 2010 [3]

- Country | Population | Land area | Pop. density |
-----------|------------|-----------|--------------|
- Anguilla | 14,764     | 91 km²    | 162.2 /km²   |
- Antigua and Barbuda | 86,754     | 442.6 km² | 196.0 /km²   |
- Bahamas | 310,426    | 10,010 km²| 31.0 /km²    |
- Barbados | 285,653    | 430 km²   | 664.3 /km²   |
- Belize | 314,522    | 2,280 km² | 13.9 /km²    |
- Bermuda | 68,268     | 54 km²    | 1,264.2 /km² |
- British Virgin Islands | 24,939   | 151 km²   | 165.2 /km²   |
- Canada | 34,255,000 | 9,984,670 km² | 3.7 /km² |
- Cayman Islands | 50,209 | 264 km² | 198.2 /km² |
- Dominica | 72,813 | 751 km² | 97.0 /km² |
- Falkland Islands | 3,140 | 3,140 km² | 0.3 /km² |
- Grenada | 177,818 | 344 km² | 313.4 /km² |
- Guyana | 748,486 | 196,849 km² | 3.8 /km² |
- Jamaica | 2,847,232 | 10,831 km² | 262.9 /km² |
- Montserrat | 5,118 | 102 km² | 50.2 /km² |
- Puerto Rico [citation needed] | 3,725,789 | 9,104 km² | 430.0 /km² |
- Saint Kitts and Nevis | 49,898 | 261 km² | 191.2 /km² |
- Saint Lucia | 160,922 | 606 km² | 265.5 /km² |
- Saint Vincent and the Grenadines | 104,217 | 389 km² | 267.9 /km² |
- Trinidad and Tobago | 1,228,691 | 5,128 km² | 239.6 /km² |
- Turks and Caicos Islands | 23,528 | 430 km² | 239.6 /km² |
- United States | 310,232,863 | 9,161,966 km² | 33.9 /km² |
- United States Virgin Islands | 109,775 | 346 km² | 317.3 /km² |
- **Total** | 354,935,567 | 18,527,553.6 km² | 18.9 /km² |
The adjective **Anglo-American** is used in the following ways:

- to denote the cultural sphere shared by the **United Kingdom**, the **United States**, and sometimes **English Canada**. For example, "Anglo-American culture is different from French culture." Political leaders including **Winston Churchill**, **Franklin Roosevelt**, and **Ronald Reagan** have used the term to discuss the "special relationship" between the United States and the United Kingdom.

- to describe relations between the **United Kingdom** on one hand and the Americas, in particular the **United States**, on the other. For example, "Anglo-American relations were tense before the **War of 1812**."
Anglo-American ethnic group

As a noun, Anglo-American can refer to an English-speaking European American and/or an English Canadian, sometimes shortened to Anglo.[4][5] This usage originated in the discussion of the history of English-speaking people of the United States and the Spanish-speaking people residing in the western U.S. during the Mexican-American War. This usage generally ignores the distinctions between German Americans (the largest self-reported ancestry group in the United States Census), Irish Americans, English Americans, Italian Americans, Swedish Americans, and other European descent peoples, comprising the majority of English-speaking Europeans in the United States and English Canada. Anglo-Americans, like other English speakers, are traditionally Protestant with a large Roman Catholic minority. The term Anglo in reference to European English-speaking Americans is sometimes but rarely viewed as an insult much the same as the term Hispanic to the natives of the Americas.
In many spheres, *Anglo* has come to denote all English-speaking people and their descendants, regardless of prior ethnic background, much like *Hispanic* refers to people of any race. Therefore, a person of Chinese descent who adopts the U.S. or English Canadian American culture would have English-speaking Anglo children (in contrast to Spanish-speaking Chinese descent people who would be Hispanic). Anglo-American can refer to all those that came from countries that traditionally spoke English as a main language, as well as all those whose families have become mainstream English-speaking people in the United States and English Canada.