

## Weekly Planner

Subject: Psychology

Class: BA- III (5th Semester)

Session -2021-2022

Sr. No	Week	Topic
1	11/8/2021 - 14/8/2021	Nature And Criteria of Abnormality
2	16/8/2021 - 21/8/2021	Current Classification of Abnormality
3	23/8/2021 - 28/8/2021	Viewpoints Regarding Abnormality: Historical
4	30/8/2021 - 4/9/2021	Cognitive, Humanistic and Interpersonal viewpoint
5	6/9/2021 - 11/9/2021	Psychodynamic, Behavioural viewpoint
6	13/9/2021 - 18/9/2021	Stress: Concept & Types of Stressors
7	20/9/2021 - 25/9/2021	Etiology of Stress; Coping Strategies,
8	27/9/2021 - 2/10/2021	Coping Strategies (Problem Focussed & Emotion Focussed) cont.....
9	4/10/2021 - 9/10/2021	Effects of Stress
10	11/10/2021 - 16/10/2021	Causes of Abnormality: Biological
11	18/10/2021 - 23/10/2021	Psychological & Socio-cultural Causes of Abnormality
12	25/10/2021 - 30/10/2021	Significance of Statistics : Mean
13	1/11/2021 - 6/11/2021	Standard Deviation
14	8/11/2021 - 13/11/2021	Correlation
15	15/11/2021 - 20/11/2021	Significance of Difference Between Means (Correlated)
16	22/11/2021 - 27/11/2021	Significance of Difference Between Means (Uncorrelated)
17	29/11/2021 - 30/11/2021	Revision